

Stories We Tell, Risks We Face: How Self-Talk Shapes Safety



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Aerial lift fatality UK

A boom lift incident on the M25 motorway near Heathrow airport this morning has resulted in a fatality

The lift, a brand new Genie Z-135 owned by Kimbly Access, was we understand being checked over and PDI'd at the company's Iver depot, by a Kimberly employee of when something went wrong and the machine overturned with the boom coming down over a road and onto the hard shoulder of the M25 motorway - London's main ring road.



The accident scene almost two months ago

This is clearly a very tragic incident with a machine that is barely a week old. We will of course update as and when have further news.



Incident Review:
Push Around Vertical (PAV) Loading
Causation and Learning Outcomes

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Self-Talk



ABC Analysis

BEHAVIOURAL
SAFETY
SERVICES
TRAINING

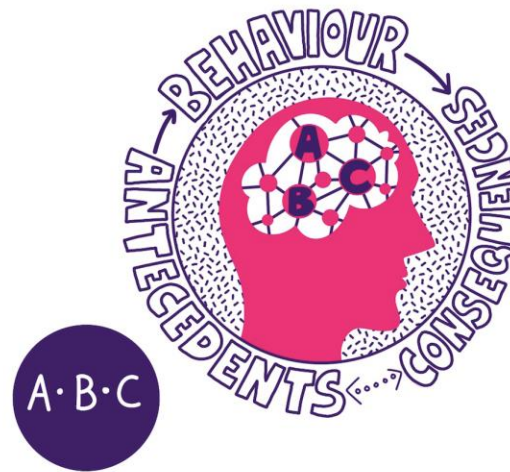
— A —



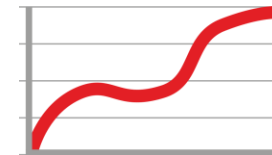
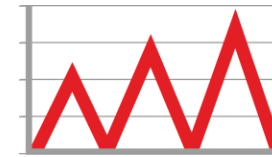
DRIVER TRAINING



— B —



— C —



Self Talk

That little voice in our head



FIXED MINDSET		GROWTH MINDSET
<ul style="list-style-type: none">• Something you're born with• Fixed	SKILLS	<ul style="list-style-type: none">• Comes from hard work• Can always improve
<ul style="list-style-type: none">• Something to avoid• Could reveal lack of skill• Tend to give up easily	CHALLENGES	<ul style="list-style-type: none">• Should be embraced• An opportunity to grow• More persistent
<ul style="list-style-type: none">• Unnecessary• Something to do when you are not good enough	EFFORT	<ul style="list-style-type: none">• Essential• A path to mastery
<ul style="list-style-type: none">• Get defensive• Take it personally	FEEDBACK	<ul style="list-style-type: none">• Useful• Something to learn from• Identify areas to improve
<ul style="list-style-type: none">• Blame others• Get discouraged	SETBACKS	<ul style="list-style-type: none">• Use as a wake up call to work harder next time

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