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[www.ipaf.org/training](http://www.ipaf.org/training)

# HARNESSTRAINING COURSES

**COURSES  
TO SUIT EACH  
CANDIDATE**



## BOOK YOUR PLACE

→ To book these courses, contact your nearest IPAF-approved training centre.

→ Use our training centre locator at:  
[www.ipaf.org/training](http://www.ipaf.org/training)

## ABOUT THE COURSES

According to IPAF data, falls from the platform is one of the major causes of injury or fatality associated with using MEWPs. Awareness and understanding of how to correctly use a harness is critical to safe operation of boom-type MEWPs. IPAF offers three harness courses to meet the needs of different candidates;

### **Harness Awareness Course (HA)**

### **Harness User Course (HU)**

### **Harness Inspector Course (HI)**

## WHO SHOULD TAKE THESE COURSES?

Candidates who do not need to personally use or wear a harness should, take only the HA Course (theory training & test) which can be completed remotely as eLearning, or in-person at an IPAF training centre. Candidates typically include managers, planners, safety professionals and supervisors.

Candidates who do need to use or wear a harness themselves should first take the HA Course and then attend an IPAF training centre to take their HU Course practical assessment (this can be incorporated into a candidate's MEWP Operator Course). Candidates are generally MEWP operators.

Candidates who are responsible for inspecting their company's personal fall protection equipment (PFPE) and maintaining inspection records (including those required by law), should first take the HA and HU courses, followed by the HI Course. Candidates are mostly company harness/safety inspectors.

## HOW LONG IS EACH COURSE?

This depends on which course(s) are taken and which formats are chosen. For example, the HA Course alone could be taken as eLearning, remotely, in half a day or less.

Candidates taking both the HA and HU courses could do so consecutively, in-person at an IPAF training centre, led by an instructor, with a duration of half a day. Or they could have completed the HA Course by eLearning prior to attending an IPAF training centre.

Candidates taking the HI Course must have previously passed the HA and HU courses prior to taking the HI Course in-person, at an IPAF training centre, led by an instructor, with a duration of half a day.

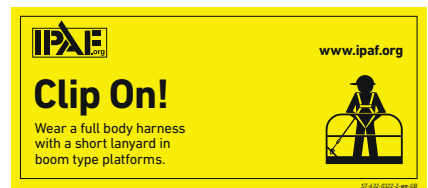
## YOU WILL LEARN

Please see diagram on opposite page.

## QUALIFICATION

Upon successful completion of the Harness Awareness Course (HA), candidates will receive a digital certificate, accessed via the IPAF ePAL app.

Upon successful completion of the Harness User Course (HU) and Harness Inspector Course (HI), candidates who hold a valid Powered Access Licence (PAL Card) will have the relevant qualification/s added to their card digitally, accessed via the IPAF ePAL app. Candidates without a PAL Card will receive a digital certificate, also accessed via the IPAF ePAL app.



# HARNESSES COURSES



All candidates start here:

## Harness Awareness Course (HA)



Theory training only - by eLearning or in-person

You will learn:

- Select harnesses and lanyards for use in MEWPs
- Manage and supervise use of harnesses and lanyards for use in MEWPs
- Create safe systems of work for harness and lanyard use in MEWPs

## Harness User Course (HU)\*



Practical assessment only

All of the above plus:

- Use harnesses and lanyards in MEWPs
- Conduct pre-use checks of harnesses and lanyards for use in MEWPs

## Harness Inspection Course (HI)



Practical training only

All of the above plus:

- Conduct statutory inspections of harnesses and lanyards for use in MEWPs

All harness qualifications are valid for five years

\* The Harness User (HU) Course can be taken as part of the IPAF MEWP Operator Course as long as candidates have previously passed the Harness Awareness (HA) Course.



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*“The range of harness training courses on offer provide a simplified route for those trying to gain knowledge, understanding and competence.”*

**Steve Booker, Chair, IPAF Training Committee & Group Managing Director, Kentec Training**

*“Work at Height Safety Association (WAHSA) and our members are really pleased to have been able to work with IPAF to revise and develop this range of courses. We are sure that they will provide the industry with the appropriate information when using personal fall protection equipment in MEWPs.”*

**Tony Seddon, Secretary, WAHSA**



*“Candidates can choose the harness course or courses that best suit their requirements ensuring a more tailored approach to their learning. Furthermore, the eLearning option for the HA Course brings candidates more flexibility and convenience.”*

**Paul Roddis, Training Manager, IPAF**

Have you downloaded the ePAL app? Visit the IOS or Android App Store on your smartphone and look for 'IPAF ePAL'. For more information visit [www.ipaf.org/epal](http://www.ipaf.org/epal)



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